

## LIVING ASPECTS

### Bank account

To open a bank account, you will need a copy of your passport, your student card of Centrale Nantes and a certificate of accommodation at Nantes. The sooner you do this, the better since certain organisations do not accept payment in cash.

Ecole Centrale de Nantes will try to negotiate special advantages with a famous French bank called BNP contact: [international@ec-nantes.fr](mailto:international@ec-nantes.fr)

### Meals

A full meal at one of the university restaurants costs around €3. Therefore, you will need to allow about €200 per month to cover breakfast and the two main meals. The university restaurants are located close to the Ecole Centrale de Nantes and close to the university residence.

Ecole Centrale de Nantes also welcomes you at its cafeteria.

### Transport

A bus and tram pass can be bought with special student prices and is valid for one month or one year, depending on the option you select. If you are under 25 years old, it costs about €35/month.

### Financial help for your accommodation

You can benefit from a financial grant to help you to pay around 1/3 of your accommodation monthly rent. The Caisse d'Allocations Familiales is the service you must contact: [www.caf.fr](http://www.caf.fr)

### Your total budget

Taking into account other expenses such as entertainment, clothes, furniture, telephone, you should allow for a minimum monthly budget of €600.

Make sure you allow extra for the first month to cover the deposit for your accommodation, social security, insurance and other initial expenses.

Bring an international credit card so you can get money out from cash machines. Make sure you have some cash on you when you arrive to cover your initial expenses (transport, food...) you can also use traveller's cheques.



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## FIRST STEPS IN NANTES...

### HOW TO PREPARE YOUR ARRIVAL?

### THE GUIDE OF SURVIVAL FOR THE FOREIGN STUDENTS



Centrale  
Nantes



## BEFORE YOU LEAVE

### Book an accommodation

The international relations office helps you to find accommodation in university residence near the campus and close to the transport network.

Rooms can be booked depending on the availabilities.

> Characteristics: they are all independent rooms from 9m<sup>2</sup> to 20m<sup>2</sup>. Depending on the residence, there can be shared or independent toilets, bathrooms and kitchens.

> Cost: the monthly cost is between €140 to €260. You can benefit from a governmental financial help of around 1/3 of the monthly cost. A deposit between €180 to €300 will be requested at your arrival.

**Important: in all cases, bedding will not be provided. Therefore, make sure you bring a duvet, pillows, etc. If you can, it is also advisable to bring cutlery, crockery and some basic cooking utensils. Otherwise, you will have to buy everything when you get there.**

### Bring the following documents with you:

- > Your original diplomas
- > Certified copies of your diplomas
- > Original and certified copies of your transcripts during your university study,
- > Two certified copies of your birth certificate (translated in French): Compulsory to obtain the stay card.
- > Your insurance documents
- > Eight passport photos

## GETTING TO NANTES

The beginning of study will take place at September 8 (at 2 pm). You can show up in Nantes from September 4. If you can avoid it, make sure that you do not arrive at the Ecole Centrale on a Saturday or a Sunday. All the offices are shut and there will be nobody available to help you. If you do arrive on a weekend, you will have to find a hotel until Monday morning.

**Please inform us about the date and time of your arrival in Nantes sending an email to «[international@ec-nantes.fr](mailto:international@ec-nantes.fr)»**

**We will try to pick you up from the Railway station or from the Airport.**

### How to get to Nantes?

Nantes offers you the possibility to arrive by plane thanks to its international airport called Nantes Atlantique. From your home country, it can be similar price to land at Nantes as at Paris.

- > If you land at the airport of Paris-Charles de Gaulle, either you can take a correspondence flight to Nantes Airport, or you take a direct TGV (train) to Nantes.
- > If you land at Orly Air port you have to go to Montparnasse railway station to take a TGV (train) to Nantes (about 2 hours travel).

**You can book your train ticket on [www.scnf.fr](http://www.scnf.fr)**

## GETTING TO ECOLE CENTRALE DE NANTES

### How to get to Ecole Centrale de Nantes and to the university residence?

#### If you arrive by train

- > From the north exit of the station, take the tram line 1, direction F. Mitterand. Get off at the stop "Commerce".
- > To get to the "Ecole Centrale", take the tram Line 2, direction Orvault Grand-Val, and get off at the stop "Ecole Centrale / Sup de Co".
- > The Ecole Centrale is close to the tram stop.

**One ticket costs €1, 10. It is valid for one hour after you stamp it and can also be used on the regular buses and trams.**

Most of the university residences are located two tram stops after Ecole Centrale.

#### If you arrive by plane

- > The Nantes International airport is situated about 10 km southwest of Nantes.
- > There is a "Tan air" bus which will take you into the town (get off at the stop "place du commerce").
- > To get to the "Ecole Centrale", take the tram Line 2, direction Orvault Grand-Val, and get off at the stop "Ecole Centrale / Sup de Co".
- > The Ecole Centrale is close to the tram stop.

**One ticket costs €1, 10. It is valid for one hour after you stamp it and can also be used on the regular buses and trams.**

> If you take a taxi (the easiest option), it will cost about €40.

#### When you arrive at Ecole Centrale de Nantes

- > Go to the International Relations Office Building D, office 228

#### Registration at ECN ....

For the international Masters students (who do not benefit from the Erasmus Mundus Scholarship):

At your arrival, we will ask you to pay €1,500 if you are non-European student or €500 if you are European student as it is explained in the financial

procedure of payment you may have received with your provisional acceptance message.

The registration office (called « Sclolarité », building A) delivers your student card in the first days you arrive as soon as you give them:

- > two passport photos
- > your insurance document
- > Certified copies of your diploma
- > Certified copies of your academic records of your home higher education background

#### Permit Stay card (Carte de séjour)

If you come from a country that is not a member of the European Union, you will have to obtain a (stay card). Ecole Centrale de Nantes has a strong partnership with the Prefecture (official service which delivers the stay cards).

Please, at your arrival, gather and give the following documents to the international relations office

- > Your passport or other valid piece of identification.
- > Your birth certificate, translated in French
- > Your Ecole Centrale de Nantes student card
- > A statement of income or a grant statement if you are receiving a grant.
- > Proof that you are covered by social security or a private health insurance policy.
- > A document proving that you are living in Nantes (if you are living with private individual, you will have to provide a photocopy of their identification card, a certificate of accommodation and either your contract or a rent receipt).
- > 4 passport photos (full face, no hat, 3.5x4.5 format, "recent and recognisable" in bright colours with your family name, first name and country of origin written at the back of each photo)

You will be required by the International Immigration office to undergo a medical check (at a cost of around €60).

The Prefecture will deliver your stay card less than three months after your arrival.

