



## **Press Release**

Nantes, 11 June 2020

# The first session of the "Prepa Tremplin Numérique" course run by the Fondation Agissons Pour l'Emploi is coming to an end, in person.

*Prepa Tremplin Numérique* is a 40-day career development programme targeted towards sectors of activity and professions that are recruiting. The programme is supervised by a team of specialists with expertise in their respective fields. The 12 trainees participating in the first session joined the course in April, in the midst of the lockdown, for the 280-hour course. While 70% of the course input has been provided remotely, they finally had the opportunity to meet face to face with their course supervisors on 3 June!

Prépa Tremplin Numérique is supported by the Fondation Agissons pour l'Emploi. Its objective is to help people discover the digital sector and professions, to identify and develop cross-disciplinary skills to gain confidence and promote employability, to define and implement a career development plan.

At the end of the course, participants are ready to embark upon training to develop their career plan and secure their path to long-term employment.

### Lucie Bouchet-Martins of the Fondation Agissons Pour l'Emploi:

"Despite the unique circumstances, our partner companies played ball and we are most grateful. Connexing, Cedreo, DTA Ingénierie and Helpline all held virtual open days to present their activities, set up remote workshops to introduce coding and provided coaching on the participants' career plans. ADN Ouest organised a presentation of the digital sector in the Pays de la Loire region. A marvelous collective effort!"

#### Erwan Sapin, trainee:

As part of my jobsearch in the digital sector, I took part in a jobdating event at Centrale Nantes in March and attended the Parcours Prépa Tremplin presentation. I submitted my CV and I was contacted again. Prépa Tremplin has been very helpful in terms of work on self-confidence and stress. I also found the preparation for recruitment very rewarding. With my career plan now fine-tuned; I am considering a POEI\*opportunity in line with my skills revealed over the last few months."

\*POEI : Préparation Opérationnelle à l'Emploi individuelle (Individual preparation programme for employment)

#### To those who wish to embark on career retraining

Prépa Tremplin Numérique is a free programme with remuneration aimed at people actively seeking employment (be they registered or not as unemployed), with or without qualifications, with or without experience, who are available for the duration of the course (2 months full time) and have an interest in digital technology and a thirst for learning!

Learn more: https://agissonspourlemploi.fr/prepa-tremplin-numerique/

#### **About Centrale Nantes**

Founded in 1919, Centrale Nantes is a French engineering school and member of the Ecoles Centrale Group. Its undergraduate, Master and PhD programmes are based on the latest scientific and technological developments and the best management practices. At Centrale Nantes, research and training are organised into three key areas for growth and innovation: manufacturing, energy transition and healthcare. With research platforms ranging from digital simulation to prototyping using full scale models and an incubator with 20 years of experience in supporting start-up projects, the school has two major tools for innovation and creation, working hand in hand with industry. Centrale Nantes promotes its teaching and research capabilities at international level through around 100 partnerships with prestigious universities and schools worldwide.

Centrale Nantes welcomes 2,410 students, including 1,440 undergraduate students, 170 Executive Education and ITII degree apprenticeship students, 270 PhD students, 430 Masters students, and 100 Bachelor/Foundation Master students on its 40-acre campus.

For more information, visit: <u>www.ec-nantes.fr</u>

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#### About the Fondation Agissons pour l'Emploi

The Fondation Agissons pour l'Emploi is a university foundation whose founding members are Centrale Nantes and the Manpowergroup Foundation. The Agissons Pour l'Emploi methodology is recognised today for its economic and social effectiveness. This methodology, followed by academics, is based on a professional grounding in the digital and industrial professions - the Agissons Pour l'Emploi team have experience in these professions.

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